Acupuncture Works Center

Informed Consent

Cosmetic Acupuncture involves the insertion of special needles into particular points on the body. There are some risks to treatment, including the possibility of bruising of the skin and/or slight bleeding, weakness, fainting, and/or the aggravation of symptoms existing prior to acupuncture treatment. There is little to no risk of infection when all needles are sterile. Acupuncture Works Center uses only one-time use, sterile disposable needles. Acupuncture Works Center does not provide primary care, nor Western (allopathic) medical care. Please see your medical doctor for those services and for routine check-ups. If you are pregnant, have a bleeding disorder, pacemaker, high blood pressure, local infection, or have been prescribed anticoagulant medications like Coumadin, we can still treat you but should be made aware of your condition. By signing below you state that you have informed your acupuncturist of such conditions. The Acupuncturist's schedule and hours are subject to change. Treatments are by appointment only.

Privacy Policy

In accordance with HIPAA (Health Insurance Portability and Accountability Act) regulation and New Jersey Law, Acupuncture Works Center takes the right to your privacy seriously. Therefore, we do not disclose any personal, health, financial, or any other information about you, or the services we provide to you to any third parties without your request or permission. This also includes online services we provide, including access to your appointment information, user-ID, or password. As a healthcare practitioner I stay up-to-date with HIPAA regulations to insure that your personal health information is not compromised.

Result Guarantees

While Cosmetic Acupuncture has been clinically shown to work; we want to remind you that everyone's body, skin, and repair process works differently. The purpose of Cosmetic Acupuncture is to create a younger and more vibrant appearance. Please be advised that this treatment is not a surgical procedure and cannot be compared to a surgical facelift. Acupuncture Works Center (ie Kristin Dudley) cannot be held liable or bear any responsibility for the actions or

results. Nor can we provide guarantees as to the success, or results of treatments.

Microneedling - Collagen Induction Therapy

I consent to the treatment of MicroNeedling to be carried out upon myself.

The MicroNeedling treatment allows for controlled induction of growth factor serums, or hyaluronic acid, into the skins self-repair process by creating micro injuries in the skin. These injuries stimulate new collagen production, while not posing the risk of permanent scaring. The result is smoother, firmer and younger looking skin. The skin needling treatments are performed in a safe and precise manner with a sterile needle head and are usually completed in 30-60 minutes.

Contraindications:

Absolute Contraindications: Accutane (medication) within 6 months**,** Scleroderma, collagen vascular disease, or cardiac abnormalities, rosacea, blood clotting problems, platelet abnormalities, anticoagulation therapy (i.e.: Warfarin), facial cancer, past and present, chemotherapy, steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), diabetes and other chronic conditions, active bacterial or fungal infections, immune-suppression, scars less then 6 months old and Botox/facial fillers in the past 2-4 weeks. Treatment is not recommended for patients who are pregnant or nursing. **Precautions:** keloid or raised scarring, eczema, psoriasis, actinic keratosois, and herpes simplex.

Side Effects Typically Include:

- Skin will be pink or red and may feel warm, like mild sunburn, tight and itchy, which usually subside in 12 to 24 hrs
- Minor flaking or dryness of the skin, with scab formation in rare cases.
- Crusting, discomfort, bruising and swelling may occur.
- Pinpoint bleeding.
- It is possible to have a cold sore flare if you have a history of outbreaks.
- Freckles may lighten temporarily or permanently disappear in treated areas.
- Infection is rare but if you see any signs of tender redness or puss notify our office immediately and see your doctor.
- Hyperpigmentation (darkening of the skin) rarely occurs and usually resolves itself after a month.
- Permanent scarring (less than 1%) is extremely rare.

I have been informed about the treatment, procedure, indications, expected results and possible side effects.

Although the results are usually dramatic I have been informed that the practice of medicine is not an exact science and that no guarantees can be or have been made concerning the expected results in my case.

I am undergoing treatment of my own free will. I agree that this procedure is being performed for cosmetic reasons. I am also aware of and accept the risk of unforeseen complications that may not have been discussed and which may result from this treatment.

I acknowledge my obligation to follow the instructions closely and visit the office as directed. I certify that I have read the above consent agreement and fully understand it. These items have been reviewed and discussed with the Acupuncturist and all my questions have been answered to my satisfaction. I also agree to hold harmless and release from any liability Acupuncture Works Center or any of its officers, directors and / or employees for any condition or result, known or unknown that may arise as a result of any treatment that I receive.

Bio - Light Therapy

I consent to Bio-Light Therapy Treatments. There are no side effects known so far. It is a completely safe and painless technique. There is no risk of burning. There are no absolute contraindications to light therapy but caution should be observed in some cases comprising of:

- Eyes vulnerable to photo toxicity
- Tendency towards mania
- Photosensitive skin
- Use of photosensitizing medicine or herbs

Diseases that involve the retina of the eye, such as diabetes, and the use of photosensitizing medications like lithium, phenothiazine. People with a history of skin cancer and systemic lupus erythematosus should also avoid this kind of treatment. The use of phototherapy for people with bipolar disorder can result in mania. In these rare cases, light therapy must be reduced or stopped.

Patients sometimes also experience a flare-up of acne that is transitory in nature. Very rarely photosensitivity reactions triggered by light involve redness, stinging, and burning; however, these reactions usually subside quickly.

Infrared Crystal Mat Therapy

Contraindications: Organ transplants, External Pacemaker, Metal Implants.

Caution: Fever, joint injuries, immobility issues, and sensitivity to heat.

Can use with low heat (43 degrees C or 109 degrees F) for:
Adrenal suppression disorders, MS, Brain tumor, Bypass surgery, Diabetics, Hypertension, pregnancy, Currently receiving Chemotherapy or radiation therapy, and surgical implants.

Please consult with your physician to see if any of the above modalities are right for you.

I Understand & Agree To The Following Terms for Microneedling and Spectral Light and Infrared Crystal Mat Therapy

I agree to the Informed Consent, Privacy Policy, And Result Guarantees Above.
I agree to the terms above and understand this contract is binding.

Date:

Please print your name:

Signature: